



## ***State of Iowa Wellness Corporate Discount!***

Amenities include:

- FREE kids' club
- FREE personal training session
- State of the art equipment
- Brand new private women's only section
- Brand new cardio movie theatre
- Executive locker rooms with sauna
- Tanning
- Group exercise classes
- Smoothie bar
- Nutritional counseling
- Spinning
- Yoga

**Regular enrollment**

**149.00**

**Regular monthly dues**

**44.99**

**Your Corporate enrollment!**

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**Your corporate dues!**

**only 29.99!**

***"All of my membership options are month to month right now, no long term contracts. They all come with a free one hour personal training session! For more information on these limited rates or to schedule an appt please call me directly @ 515-225-9900. Remember, procrastination is the biggest enemy to health and fitness!"***

***Don Erickson***

***General Manager, Gold's Gym West Des Moines***